



CHINMAYA MISSION SACRAMENTO

presents a Gita Jnana Yajna

Discourses in English on

Srimad Bhagavad Gita Chapter 6

by

Brahmachari Prabodh Chaitanya



DATES: Friday Feb 17th 7:30PM to 9:00PM
Saturday Feb 18th 09:00am to Noon (with 30 min break)
Sunday Feb 19th 09:00am to Noon (with 30 min break)
Monday Feb 20th 09:00am to Noon (with 30 min break)

LOCATION: Multi-Purpose Room, Sacramento Country Day School
2636 Latham Drive, Sacramento, CA 95864

Bhagavad Gita

Srimad Bhagavad Gita contains the knowledge of the great Rishis in a condensed form. Their experience is expressed in the form of dialogue between Lord Krishna and Arjuna. Essentially, Absolute bliss and Eternality is the nature of the Self. Ignorant of this, we move in this world with pain and suffering.

In the Bhagavad Gita Chapter Six, titled “DHYANA YOGA - The Yoga of Meditation”, Lord Krishna teaches us about the acquisition of the Supreme Knowledge - Absolute by the pursuit of the Path of Meditation. He elaborately explains the art of mastery of the mind and all the technical know-how on how to unfold ourselves through meditation.

Speaker : Brahmachari Prabodh Chaitanya, Acharya, Chinmaya Mission, San Jose



Brahmachari Prabodh Chaitanya is the resident acharya of CM San Jose. A precocious student of spirituality, Prabodhji combines his impressive scriptural knowledge with his thirst to enhance and articulate the same.

He is well known to our Sacramento community from his previous discourses here on Kaivalya Upanishad and Bhagavad Gita chapters 2, 4 & 5.

Email Yajna@Chinmaya-Sacramento.Org for volunteering opportunities and other information

Knowledge and experience are for sharing!
Free Admission. All are welcome!. Please, bring your family and friends!!